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Training Manual

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Fitness Presenter. The training will take place on March 12, 2017 at the Bell Road YMCA in Montgomery, AL. Register for this training before February 12th and receive a complete Zumba ® Wear outfit for free!

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Zumba combines Latin and International music with a fun and effective workout system. With classes and instructors worldwide, anyone can Join the Party!
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Zumba - Ditch the Workout, Join the Party

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Caroline Parsons - Basic 1 (B1) - Zumba-
The Basic 1 Training teaches you the
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steps to four basic rhythms (merengue,
salsa, cumbia

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My Saturday secret project is revealed! I spent all day Saturday doing my Zumba Basic 1 Training, which means that I'm now an official zumba instructor!. Be sure to scroll all the way to the end of this post for more useful instructor links.

Zumba Basic 1 Training - Official Zumba Instructor - The ...

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at your first Zumba Instructor Training, you were asked to create a user name and password. These were sent to you via email after registration. To start, use this information to log in to ZIN home. 1. Go to zumba.com 2. Click on the “login” tab on the top right. 3. Enter your user name and password. To change your password go to

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WELCOME TO THE ZUMBA FAMILY

will have all the information an instructor needs to conduct a presentation. An instructor who takes the time to PREPARE, utilizing a lesson plan, will be able, to conduct a QUALITY TRAINING PROGRAM. Purpose of a Lesson Plan It forces the instructor to

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“think” and “prepare” in advance. A guide for the presentation of the course content, key

Module I: Instructional Basics

Instructors looking to teach Zumba must first start with basic Zumba training.

Zumba offers two basic training classes: Zumba Basic 1 and Jump Start Gold. The

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Zumba Basic 1 class provides the basic...

Zumba Fitness Instructor Certification | Work - Chron.com

With Instructor: Coco Qing Xie This training is the first step to becoming a Zumba instructor. It teaches both the foundation and formula to teach a

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Zumba class. Students learn the steps to the four core rhythms (merengue, salsa, cumbia, reggaeton), how to put these steps together into a song, and how to create a Zumba class.

Zumba® Basic 1 Virtual Training | American Aerobic ...

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